

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday October Babies!</p> <p>Kim H.-10/7 Dot B.-10/8 Janice S.-10/14 Lois H.-10/18 Anne H.-10/18 Joe A.-10/18 Al C.-10/20 Millie A.-10/25</p>	<p>**ALL ACTIVITIES ARE SUBJECT TO CHANGE**</p>	<p>**PLEASE BE SURE TO FOLLOW THE WEEKLY CALENDAR SHOULD THERE BE CHANGES.**</p>	<p>Legend: AR-Art Room EC-Event Center ES-Exercise Studio T-Theater L-Library WS-Woodshop CH-Chapel P-Patio FP-Firepit</p>	<p>**Please be sure to check the weekly calendar as Spencer's special classes are still TBD.**</p>	<p>1</p>	<p>2 3:30 OSU vs. Rutgers</p>
<p>3 1:00 Browns vs. Vikings 4:25 Steelers vs. Packers</p>	<p>4 11:00 Activities Calendar Review-EC 1:30 Arthritis Class-ES (2nd Floor) 2:30 Balance and Strength-ES (2nd Floor) 3:00 Movie Matinee-T** 3:15 Wii Bowling-ES 6:30 Movie-T**</p>	<p>5 10:00 Basic Woodworking-WS 11:00 Bingo-AR 11:00 Chair Yoga-ES (2nd Floor) 1:00 Chair Volleyball-EC 2:00 Support Group-CH 4:00 Cocktail Hour-P 6:30 Friends by the Firepit-FP</p>	<p>6 11:00 Grocery Shopping-Please sign up 1:00 Ritzy Crafters-AR 2:30 DVD Balance and Strength-ES 3:30 Going Nuts for Nuts: Snacks and Facts-AR 6:30 S'mores and Legends by the Firepit-FP</p>	<p>7 11:00 Bingo-AR 11:00 Chair Yoga-ES (2nd Floor) 1:00 Rocky Fork Metro Park-Outing (Please sign up) (Bus leaves at 12:45pm) 3:00 Bible Study-EC 4:00 Wii Play-ES 6:30 Friends by the Firepit-FP</p>	<p>8 11:00 Zoom Arthritis Exercise-ES (2nd Floor) 1:30 Zoom Seated Strength and Abs-ES (2nd Floor) 2:30 Zoom Balance and Strength-ES (2nd Floor) 3:15 Team Trivia-EC 6:30 Movie-T**</p>	<p>9 10:00 Open Painting-AR 12:00 OSU vs. Maryland 1:00 Chair Volleyball-EC 2:00 Movie Matinee-T**</p>
<p>10 10:30 Brain Teasers-AR 1:00 Steelers vs. Broncos 4:05 Browns vs. Chargers 6:30 Vespers-EC</p>	<p>11 Columbus Day 10:00 Discussion-German-American Heritage Trivia and Facts-AR 12:30 Lunch Bunch-BJ's Brewhouse-(Please sign up) (Bus leaves at 12:00pm) (\$) 1:30 Arthritis Class-ES (2nd Floor) 2:30 Balance and Strength-ES (2nd Floor) 3:00 Movie Matinee-T** 6:30 Movie-T**</p>	<p>12 9:00 Donuts and Coffee-AR 10:00 Basic Woodworking-WS 11:00 Bingo-AR 11:00 Chair Yoga-ES (2nd Floor) 1:00 Chair Volleyball-EC 2:00 Support Group-CH 4:00 Cocktail Hour-P 6:30 Friends by the Firepit-FP</p>	<p>13 10:00 Resident Council and Nominations-EC 11:00 Grocery Shopping-Please sign up 1:00 Ritzy Crafters-AR 2:30 Balance and Strength-ES (2nd Floor) 3:30 Popcorn Blitz!-Snacks and Facts-AR 6:30 S'mores and Legends by the Firepit-FP</p>	<p>14 11:00 Bingo-AR 11:00 Chair Yoga-ES (2nd Floor) 1:00 Ice Cream on the Patio-Patio 2:00 Food and Dining Forum-EC 3:00 Bible Study-EC 4:00 Wii Play-ES 6:30 Friends by the Firepit-FP</p>	<p>15 11:00 Zoom Arthritis Exercise-ES (2nd Floor) 1:30 Zoom Seated Strength and Abs-ES (2nd Floor) 2:30 Zoom Balance and Strength-ES (2nd Floor) 3:15 Team Trivia-EC 6:30 Movie-T**</p>	<p>16 10:00 Open Painting-AR 1:00 Chair Volleyball-EC 2:00 Movie Matinee-T**</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 10:30 Brain Teasers-AR 4:05 Browns vs. Cardinals 6:30 Vespers-EC 8:20 Steelers vs. Seahawks	18 10:00 Discussion-Italian-American Heritage-AR 12:30 Hocking Hills Scenic Drive-Outing (Please sign up) (Bus leaves at 12:30pm) (Long Trip) 1:30 Arthritis Class-ES (2nd Floor) 2:30 Balance and Strength-ES (2nd Floor) 3:00 Movie Matinee-T**	19 10:00 Basic Woodworking-WS 11:00 Bingo-AR 11:00 Chair Yoga-ES (2nd Floor) 1:00 Chair Volleyball-EC 2:00 Support Group-CH 4:00 Cocktail Hour-P 6:30 Friends by the Firepit-FP	20 11:00 Grocery Shopping-Please sign up 11:30 Wellness Committee Meeting-L 1:00 Ritzy Crafters-AR 2:30 Balance and Strength-ES (2nd Floor) 3:30 Pretzel Madness-Snacks and Facts-AR 6:30 S'mores and Legends by the Firepit-FP	21 11:00 Bingo-AR 11:00 Chair Yoga-ES (2nd Floor) 1:00 Desk Calendars with Valerie-AR 3:00 Bible Study-EC 4:00 Wii Play-ES 6:30 Friends by the Firepit-FP	22 11:00 Zoom Arthritis Exercise-ES (2nd Floor) 1:30 Zoom Seated Strength and Abs-ES (2nd Floor) 2:30 Zoom Balance and Strength-ES (2nd Floor) 3:15 Team Trivia-EC 6:30 Movie-T**	23 10:00 Open Painting-AR 12:00 OSU vs. Indiana-TBD 1:00 Chair Volleyball-EC 2:00 Movie Matinee-T** 2:30 Nelsonville Scenic Train Ride-Outing (Bus leaves at 12:45pm) (Long Trip) (\$16)
24 10:30 Brain Teasers-AR 6:30 Vespers-EC	25 1:30 Arthritis Class-ES (2nd Floor) 2:30 Balance and Strength-ES (2nd Floor) 3:00 Movie Matinee-T** 3:15 Wii Bowling-ES 6:30 Movie-T**	26 10:00 Basic Woodworking-WS 11:00 Bingo-AR 11:00 Chair Yoga-ES (2nd Floor) 1:00 Chair Volleyball-EC 2:00 Support Group-CH 4:00 Cocktail Hour-P 6:30 Friends by the Firepit-FP	27 11:00 Grocery Shopping-Please sign up 1:00 Ritzy Crafters-AR 2:00 Nature and Gardening Committee Meeting-L 2:30 Balance and Strength-ES (2nd Floor) 3:30 Armchair Travel-Japan-EC 6:30 Birthday Celebration!-EC	28 11:00 Resident Update-EC 11:00 Chair Yoga-ES (2nd Floor) 1:30 Bingo-AR 3:00 Bible Study-EC 4:00 Wii Play-ES 6:30 Friends by the Firepit-FP	29 11:00 Zoom Arthritis Exercise-ES (2nd Floor) 1:30 Zoom Seated Strength and Abs-ES (2nd Floor) 2:30 Zoom Balance and Strength-ES (2nd Floor) 3:15 Team Trivia-EC 6:30 Movie-T**	30 10:00 Open Painting-AR 12:00 OSU vs. Penn State-TBD 1:00 Chair Volleyball-EC 2:00 Movie Matinee-T** 5:30 Dinner Bunch-J. Liu (Please sign up) (Bus leaves at 5:00pm) (\$)
31 Halloween 10:30 Brain Teasers-AR 1:00 Browns vs. Steelers 6:30 Vespers-EC						