

ASSISTED LIVING CALENDAR
WESLEY WOODS AT NEW ALBANY

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL ACTIVITIES ARE SUBJECT TO CHANGE	***ALL ACTIVITIES MARKED WITH AN ASTERISK INDICATE GROUP ACTIVITY OCCURRING IN MEMORY CARE***	"Our life and our success will be measured by the quality of the life we lead and the lives we touch." - Sandra X Pradas Martin	Carmen M. Johnson Life Enrichment Coordinator cjohnson@thewesleyway.org		1 10:15 Room Visits 10:30 Daily Chronicle & Feel Good Stories 1:45 Walking Club 2:30 Why I Smile 3:30 Wii Bowling	2 10:15 Room Visits 10:30 Daily Chronicle 2:30 Piece by Piece
3 10:15 Room Visits 10:30 Daily Chronicle 11:00 Spiritual Hour of Power 11:30 Church of Resurrection Holy Communion 6:30 Vespers Service	4 10:15 Room Visits 10:30 Daily Chronicle 1:45 Walking Club 2:30 Garden Club 3:30 Traditional BINGO	5 10:15 Room Visits 10:30 Daily Chronicle 1:45 Hand Stretches & Spa 2:30 Autumn Door Hangers 3:30 Chair Volleyball	6 10:15 Room Visits 10:30 Daily Chronicle 10:45 Guided Meditation 1:45 Road Trip: Meijer 3:30 Spiritual Connections	7 10:15 Room Visits 10:30 Daily Chronicle 1:45 Flag Exercises 3:00 Name That Croon	8 10:15 Room Visits 10:30 Daily Chronicle & Feel Good Stories 1:45 Walking Club 2:30 Scrabble 3:30 Wii Bowling	9 10:15 Room Visits 10:30 Daily Chronicle 2:30 Oct IQ & Hot Chocolate
10 10:15 Room Visits 10:30 Daily Chronicle 11:00 Spiritual Hour of Power 6:30 Vespers Service	11 Columbus Day 10:15 Room Visits 10:30 Daily Chronicle 1:45 Walking Club 2:30 Reading Club 3:30 Traditional BINGO	12 10:15 Room Visits 10:30 Daily Chronicle 1:45 Hand Stretches & Spa 2:30 Mini Pumpkin Designs 3:30 Chair Volleyball	13 10:15 Room Visits 10:30 Daily Chronicle 10:45 Guided Meditation 1:45 Road Trip: Lynd Fruit Farm	14 10:15 Room Visits 10:30 Daily Chronicle 1:45 Flag Exercises 3:00 *Happy Hour w/ Megan Trimble	15 10:15 Room Visits 10:30 Daily Chronicle & Feel Good Stories 1:45 Walking Club 2:30 Chess & Checkers 3:30 Wii Bowling	16 10:15 Room Visits 10:30 Daily Chronicle 2:30 Searching For October
17 10:15 Room Visits 10:30 Daily Chronicle 11:00 Spiritual Hour of Power 6:30 Vespers Service	18 10:15 Room Visits 10:30 Daily Chronicle 1:45 Walking Club 2:30 No Bake Recipes Club 3:30 Traditional BINGO	19 10:15 Room Visits 10:30 Daily Chronicle 1:45 Hand Stretches & Spa 2:30 Pumpkin Carving 3:30 Chair Volleyball	20 10:15 Room Visits 10:30 Daily Chronicle 10:45 Guided Meditation 1:45 Road Trip: Kroger 3:30 Resident Council Meeting	21 10:15 Room Visits 10:30 Daily Chronicle 1:45 Flag Exercises 3:00 *Zumba w/ Kimberly	22 10:15 Room Visits 10:30 Daily Chronicle & Feel Good Stories 1:45 Walking Club 2:30 Fall Festival 3:30 Wii Bowling	23 10:15 Room Visits 10:30 Daily Chronicle 2:30 Cranium Crunches
24 10:15 Room Visits 10:30 Daily Chronicle 11:00 Spiritual Hour of Power 6:30 Vespers Service	25 10:15 Room Visits 10:30 Daily Chronicle 1:45 Walking Club 2:30 Science Club 3:30 Traditional BINGO	26 10:15 Room Visits 10:30 Daily Chronicle 1:45 Hand Stretches & Spa 2:30 Quilt Blocks 3:30 Chair Volleyball	27 10:15 Room Visits 10:30 Daily Chronicle 10:45 Guided Meditation 1:45 Road Trip: Creekside Gahanna 3:30 Autumn Sing a-long	28 10:15 Room Visits 10:30 Daily Chronicle 1:45 Flag Exercises 3:00 *Happy Hour w/ Wade Jones	29 10:15 Room Visits 10:30 Daily Chronicle & Feel Good Stories 1:45 Walking Club 2:30 Phase 10 3:30 Wii Bowling	30 10:15 Room Visits 10:30 Daily Chronicle 2:30 Halloween Fun & Games
31 Halloween 10:15 Room Visits 10:30 Daily Chronicle 11:00 Spiritual Hour of Power 6:30 Vespers Service						