

November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>***ALL ACTIVITIES ARE SUBJECT TO CHANGE***</p>	<p>1</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Holiday Cards to Military Families 1:45 Get Fit 2:30 Senior Moments 3:30 Music BINGO</p>	<p>2 Election Day</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 November IQ 1:45 Hand Stretches & Spa 2:30 Travelogue Passports 3:30 Chair Volleyball</p>	<p>3</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Guided Meditation 1:45 Get Fit 2:30 Travelogue: Donegal 3:30 Trivia Pursuit</p>	<p>4</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Zoo Tours: Brookfield 1:45 Hand Stretches & Spa 3:00 *Zumba w/ Kimberly</p>	<p>5</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Funnybone: Lucille Ball 1:45 Get Fit 2:30 Scrabble 3:30 Wii Bowling</p>	<p>6</p> <p>10:15 Room Visits 10:45 Daily Chronicle 2:30 Cranium Crunches</p>
<p>7 Daylight Saving Ends</p> <p>10:15 Room Visits 11:00 Spiritual Hour of Power 11:30 Church of Resurrection Holy Communion 2:30 You Can Puzzle Too 6:30 Vespers Service</p>	<p>8</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Holiday Cards to Hospitals 1:45 Get Fit 2:30 Upwords 3:30 Traditional BINGO</p>	<p>9</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Connect Four 1:45 Hand Stretches & Spa 2:30 Pony Bead Corn 3:30 Chair Volleyball</p>	<p>10</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Guided Meditation 1:45 Get Fit 2:30 Travelogue: Savannah 3:30 Skip Bo</p>	<p>11 Veterans Day</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Veteran's Day Puzzles 1:45 Hand Stretches & Spa 3:00 *Remembering Our Veterans</p>	<p>12</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Funnybone: Jerry Lewis 1:45 Get Fit 2:30 Courtroom Drama 3:30 Wii Bowling</p>	<p>13</p> <p>10:15 Room Visits 10:45 Daily Chronicle 2:30 Searching for November</p>
<p>14</p> <p>10:15 Room Visits 11:00 Spiritual Hour of Power 2:30 Color Therapy 6:30 Vespers Service</p>	<p>15</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Holiday Cards to Families 1:45 Get Fit 2:30 The Price is Right 3:30 Familiar Faces BINGO</p>	<p>16</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Jeopardy 1:45 Hand Stretches & Spa 2:30 Thanksgiving Centerpieces 3:30 Chair Volleyball</p>	<p>17</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Guided Meditation 1:45 Get Fit 2:30 Spiritual Connections 3:30 Resident Council Mtg 6:00 *Desserts & Happy Hour w/ Wade Jones</p>	<p>18</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Zoo Tours: Smithsonian 1:45 Hand Stretches & Spa 3:00 *Zumba w/ Kimberly</p>	<p>19</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Funnybone: Carol Burnett 1:45 Get Fit 2:30 Dominoes 3:30 Wii Bowling</p>	<p>20</p> <p>10:15 Room Visits 10:45 Daily Chronicle 2:30 Four Corners BINGO</p>
<p>21</p> <p>10:15 Room Visits 11:00 Spiritual Hour of Power 2:30 Cornhole 6:30 Vespers Service</p>	<p>22</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Holiday Cards to Friends 1:45 Get Fit 2:30 Quiddler 3:30 Traditional BINGO</p>	<p>23</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Yahtzee 1:45 Hand Stretches & Spa 2:30 Two-in-One Door Tags 3:30 Chair Volleyball</p>	<p>24</p> <p>10:00 Kroger Shopping Outing 10:15 Room Visits 10:45 Daily Chronicle 11:00 Guided Meditation 1:45 Get Fit 2:30 Travelogue: Denmark 3:30 Thanksgiving Trivia</p>	<p>25 Thanksgiving</p> <p>9:00 Macy's Thanksgiving Parade 10:15 Room Visits 10:45 Daily Chronicle 2:30 A Charlie Brown Thanksgiving 3:30 Checkers & Chess</p>	<p>26 Black Friday</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Funnybone: Abbott & Costello 1:45 Decorating the Christmas Tree 3:30 Wii Bowling</p>	<p>27</p> <p>10:15 Room Visits 10:45 Daily Chronicle 2:30 Miracle on 34th Street</p>
<p>28 Hanukkah Begins</p> <p>10:15 Room Visits 11:00 Spiritual Hour of Power 2:30 Sunday Sing a-long 6:30 Vespers Service</p>	<p>29</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Holiday Cards to Staff 1:45 Get Fit 2:30 Family Feud 3:30 Music BINGO</p>	<p>30</p> <p>10:15 Room Visits 10:45 Daily Chronicle 11:00 Check the Fridge 1:45 Hand Stretches & Spa 2:30 Countdown Calendars 3:30 Chair Volleyball</p>	<p>***ALL ACTIVITIES MARKED WITH AN ASTERISK INDICATE GROUP ACTIVITY OCCURING IN MEMORY CARE***</p>	<p>"Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world." - Desmond Tutu</p>	<p>Carmen M. Johnson Life Enrichment Coordinator cjohnson@thewesleyway.org</p>	