

November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL ACTIVITIES ARE SUBJECT TO CHANGE	1 10:00 Room Visits 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 *Chair Volleyball	2 Election Day 10:00 Room Visits 10:45 *Travelogue Passports 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 *Music BINGO	3 10:00 Room Visits 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 Lend a Helping Hand	4 10:00 Room Visits 11:00 Hand Stretches and Spa 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:00 *Zumba w/ Kimberly	5 10:00 Room Visits 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 *UNO	6 10:00 Room Visits 12:00 Lunch & Refresh 2:00 *Matinee: A Family Thanksgiving
7 Daylight Saving Ends 10:00 Room Visits 11:00 Spiritual Hour of Power 11:30 Church of Resurrection Holy Communion 12:00 Lunch & Refresh 6:30 Vespers Service in the EC	8 10:00 Room Visits 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 *Chair Volleyball	9 10:00 Room Visits 10:45 *Pony Bead Corn 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 *Traditional BINGO	10 10:00 Room Visits 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 Lend a Helping Hand	11 Veterans Day 10:00 Room Visits 11:00 Hand Stretches and Spa 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:00 *Remembering Our Veterans	12 10:00 Room Visits 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 *Cornhole	13 10:00 Room Visits 12:00 Lunch & Refresh 2:00 *Matinee: You've Got Mail
14 10:00 Room Visits 11:00 Spiritual Hour of Power 12:00 Lunch & Refresh 6:30 Vespers Service in the EC	15 10:00 Room Visits 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 *Chair Volleyball	16 10:00 Room Visits 10:45 *Thanksgiving Centerpieces 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 *Familiar Faces BINGO	17 10:00 Room Visits 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 Lend a Helping Hand 6:00 *Desserts & Happy Hour w/ Wade Jones	18 10:00 Room Visits 11:00 Hand Stretches and Spa 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:00 *Zumba w/ Kimberly	19 10:00 Room Visits 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 1:30 *Scenic Drive and ice Cream	20 10:00 Room Visits 12:00 Lunch & Refresh 2:00 *Matinee: An Old Fashioned Christmas
21 10:00 Room Visits 11:00 Spiritual Hour of Power 12:00 Lunch & Refresh 6:30 Vespers Service in the EC	22 10:00 Room Visits 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 *Chair Volleyball	23 10:00 Room Visits 10:45 *Two-in-one Door Tags 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 *Traditional BINGO	24 10:00 Room Visits 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 Lend a Helping Hand	25 Thanksgiving 9:00 Macy's Thanksgiving Parade 10:00 Room Visits 12:00 Lunch & Refresh 1:00 Daily Chronicle 1:30 *A Charlie Brown Thanksgiving 3:00 *Connect Four	26 Black Friday 10:00 Room Visits 12:00 Lunch & Refresh 1:00 Daily Chronicle 1:30 Decorating the Christmas Tree 2:00 *Miracle on 34th Street	27 10:00 Room Visits 12:00 Lunch & Refresh 2:00 *Matinee: Love at the Thanksgiving Day Parade
28 Hanukkah Begins 10:00 Room Visits 11:00 Spiritual Hour of Power 12:00 Lunch & Refresh 6:30 Vespers Service in the EC	29 10:00 Room Visits 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 *Chair Volleyball	30 10:00 Room Visits 10:45 *Countdown Calendars 12:00 Lunch & Refresh 1:00 Daily Chronicle & Chair Exercises 3:30 *Music BINGO	*ALL ACTIVITIES MARKED WITH AN ASTERISK INDICATE JOINT GROUP ACTIVITY OCCURRING IN MEMORY CARE.	"The bad news is time flies. The good news is you're the pilot." - Michael Altshuler	Note: EC = Event Center	