

**ASSISTED LIVING CALENDAR
WESLEY WOODS AT NEW
ALBANY**

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL ACTIVITIES ARE SUBJECT TO CHANGE	Note: EC = Event Center	"Forgiveness is not an occasional act; it is a constant attitude." - Martin Luther King Jr.	Carmen M. Johnson Life Enrichment Coordinator cjohnson@thewesleyway.org			1 New Year's Day 10:15 Room Visits 12:00 Outback Bowl 1:00 Fiesta & Citrus Bowls 5:00 Rose Bowl: OSU Vs Utah 8:45 Sugar Bowl
2 10:15 Room Visits 11:00 Spiritual Hour of Power 1:00 NFL: Chiefs Vs Bengals 6:30 Vespers Service (EC) 8:20 NFL: Vikings Vs Packers	3 10:15 Room Visits 11:00 Music BINGO 1:45 Get Fit 3:00 Scrabble 8:15 Browns Vs Steelers	4 10:15 Room Visits 11:00 Virtual Museum Tour: Natural History-London 1:45 Hand Stretches & Spa 3:00 Cornhole 9:00 Texas Bowl	5 10:15 Room Visits 11:00 Acting Up 1:45 Chair Volleyball 3:00 Watercolor Painting	6 10:15 Room Visits 11:00 Creative Centerpieces 1:45 Hand Stretches & Spa 3:00 Zumba w/ Kimberly	7 10:15 Room Visits 11:00 Checkers and Chess 1:45 Get Fit 3:00 Trivia Pursuit	8 10:15 Room Visits 11:00 January IQ 2:00 Matinee
9 10:15 Room Visits 11:00 Spiritual Hour of Power 1:00 Bengals Vs Browns 6:30 Vespers Service (EC)	10 10:15 Room Visits 11:00 Traditional BINGO 1:45 Get Fit 3:00 Skip Bo 8:00 College Football Championship	11 10:15 Room Visits 11:00 Virtual Museum Tour: Art-Louvre Paris 1:45 Hand Stretches & Spa 3:00 Monopoly	12 10:15 Room Visits 11:00 Spiritual Connections 1:45 Chair Volleyball 3:00 Midweek Sing a-long	13 10:15 Room Visits 11:00 Making Bird Treats 1:45 Hand Stretches & Spa 3:00 Perpetual Calendar	14 10:15 Room Visits 11:00 Name that Croon 1:45 Get Fit 3:00 Family Feud	15 10:00 WW Dementia Support Group (EC) 10:15 Room Visits 2:00 Matinee
16 10:15 Room Visits 10:30 Road Trip: CBus Art Museum 11:00 Spiritual Hour of Power 6:30 Vespers Service (EC)	17 Martin Luther King Day 10:15 Room Visits 11:00 Music BINGO 1:45 King, Ghandi & Thoreau 3:00 Service Project: Care Packages	18 10:15 Room Visits 11:00 Virtual Museum Tour: Egyptian 1:45 Hand Stretches & Spa 3:00 Bowling	19 10:15 Room Visits 11:00 Canvas Art 1:45 Road Trip: Grocery/Superstore 3:30 Resident Council Meeting	20 10:15 Room Visits 11:00 Making Dog Treats 1:45 Hand Stretches & Spa 3:00 Zumba w/ Kimberly	21 10:15 Room Visits 11:00 Senior Moments 1:45 Get Fit 3:00 Jeopardy	22 10:15 Room Visits 11:00 Cranium Crunches 2:00 Matinee
23 10:15 Room Visits 11:00 Spiritual Hour of Power 6:30 Vespers Service (EC)	24 10:15 Room Visits 11:00 Traditional BINGO 1:45 Get Fit 3:00 You Be the Judge	25 10:15 Room Visits 11:00 Virtual Museum Tour: Smithsonian Air & Space 1:45 Hand Stretches & Spa 3:00 Yahtzee	26 10:15 Room Visits 11:00 Upwords 1:45 Chair Volleyball 3:00 Midweek Sing a-long	27 10:15 Room Visits 11:00 Pillow Art 1:45 Hand Stretches & Spa 3:00 Happy Hour w/ Wade Jones	28 10:15 Room Visits 11:00 Treasure Chest of Memories 1:45 Get Fit 3:00 Scattergories	29 10:15 Room Visits 11:00 Laughter for the Soul 2:00 Matinee
30 10:15 Room Visits 11:00 Spiritual Hour of Power 6:30 Vespers Service (EC)	31 10:15 Room Visits 11:00 Music BINGO 1:45 Get Fit 3:00 Hedbanz					