

MEMORY CARE CALENDAR
WESLEY WOODS AT NEW
ALBANY

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL ACTIVITIES ARE SUBJECT TO CHANGE	Note: EC = Event Center	"Life's most persistent and urgent question is, 'What are you doing for others?'" - Martin Luther King Jr.	Carmen M. Johnson Life Enrichment Coordinator cjohnson@thewesleyway.org			1 New Year's Day 9:45 Room Visits 12:00 Outback Bowl 1:00 Fiesta & Citrus Bowls 5:00 Rose Bowl: OSU Vs Utah 5:45 Sugar Bowl
2 9:45 Room Visits 11:00 Spiritual Hour of Power 1:00 Chiefs Vs Bengals 6:30 Vespers Service (EC) 8:20 Vikings Vs Packers	3 9:45 Room Visits 10:30 Daily Chronicle 10:45 Get Fit 1:30 Pathway Music/Puzzles 3:30 New Year Wishes 8:15 Browns Vs Steelers	4 9:45 Room Visits 10:30 Daily Chronicle 10:45 Short Story: "Ringin in the New Year" 1:30 SPA Treatment 3:30 Bowling	5 9:45 Room Visits 10:30 Daily Chronicle 10:45 Get Fit 1:30 Music BINGO 3:30 Spiritual Connections	6 9:45 Room Visits 10:30 Daily Chronicle 10:45 Paired Up 1:30 Creative Centerpieces 3:00 Zumba w/ Kimberly	7 9:45 Room Visits 10:30 Daily Chronicle 10:45 Get Fit 1:30 Quiddler 3:30 Checkers	8 9:45 Room Visits 11:00 January IQ 2:00 Matinee
9 9:45 Room Visits 11:00 Spiritual Hour of Power 1:00 Bengals Vs Browns 6:30 Vespers Service (EC)	10 9:45 Room Visits 10:30 Daily Chronicle 10:45 Get Fit 1:30 Pathway Music/Puzzles 3:30 BIRDS Categories 8:00 CF Championship	11 9:45 Room Visits 10:30 Daily Chronicle 10:45 Remembering Elvis Songs 1:30 SPA Treatment 3:30 Cornhole	12 9:45 Room Visits 10:30 Daily Chronicle 10:45 Get Fit 1:30 Traditional BINGO 3:30 Midweek Sing a-long	13 9:45 Room Visits 10:30 Daily Chronicle 10:45 Junk Drawer Detective 1:30 Perpetual Calendar 3:30 Making Bird Treats	14 9:45 Room Visits 10:30 Daily Chronicle 10:45 Get Fit 1:30 Can You Name 5? 3:30 New Year Zingers	15 9:45 Room Visits 10:00 WW Dementia Support Group (EC) 2:00 Matinee
16 9:45 Room Visits 11:00 Spiritual Hour of Power 6:30 Vespers Service (EC)	17 Martin Luther King Day 9:45 Room Visits 10:30 Daily Chronicle 10:45 Get Fit 1:30 King, Ghandi & Thoreau 3:30 Service Project: Care Packages	18 9:45 Room Visits 10:30 Daily Chronicle 10:45 Short Story: "The Lost Locket" 1:30 SPA Treatment 3:30 Chair Volleyball	19 9:45 Room Visits 10:30 Daily Chronicle 10:45 Get Fit 1:30 Music BINGO 3:30 Reminiscing with the Senses	20 9:45 Room Visits 10:30 Daily Chronicle 10:45 Order Up 1:30 Making Dog Treats 3:00 Zumba w/ Kimberly	21 9:45 Room Visits 10:30 Daily Chronicle 10:45 Get Fit 1:30 Community Paper Garland 3:30 Don't Pick My Apples	22 9:45 Room Visits 11:00 Fly Swatter Ball 2:00 Matinee
23 9:45 Room Visits 11:00 Spiritual Hour of Power 6:30 Vespers Service (EC)	24 9:45 Room Visits 10:30 Daily Chronicle 10:45 Get Fit 1:30 Pathway Music/Puzzles 3:30 Can You Picture This?	25 9:45 Room Visits 10:30 Daily Chronicle 10:45 Random Trivia 1:30 SPA Treatment 3:30 Noodle Ball	26 9:45 Room Visits 10:30 Daily Chronicle 10:45 Get Fit 1:30 Scenic Drive: Downtown Columbus 3:30 Midweek Sing a-long	27 9:45 Room Visits 10:30 Daily Chronicle 10:45 Finish the Lines 1:30 Canvas Art 3:00 Happy Hour w/ Wade Jones	28 9:45 Room Visits 10:30 Daily Chronicle 10:45 Get Fit 1:30 Dot Doodles 3:30 Resolution Mining	29 9:45 Room Visits 11:00 Laughter for the Soul 2:00 Matinee
30 9:45 Room Visits 11:00 Spiritual Hour of Power 6:30 Vespers Service (EC)	31 9:45 Room Visits 10:30 Daily Chronicle 10:45 Get Fit 1:30 Pathway Music/Puzzles 3:30 Magazines and Tea					