

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday January Babies! David P. -1/1 Jay B. -1/2 Alan J. -1/15 Judi J. -1/15 Lois Y. -1/31</p>	<p>**ALL ACTIVITIES ARE SUBJECT TO CHANGE**</p>	<p>If you would like to learn to play Mahjong, please come up to the Game Room every Tuesday at 1:00pm.</p>	<p>Legend: AR-Art Room EC-Event Center ES-Exercise Studio T-Theater L-Library WS-Woodshop CH-Chapel</p>			<p>1 New Year's Day 11:30 New Year's Day Brunch 1:00 Chair Volleyball-EC 2:00 Movie Matinee-T**</p>
<p>2 11:30 Sunday Brunch-KT 6:30 Vespers-EC</p>	<p>3 10:00 Open Painting-AR 1:30 Arthritis Class-ES (2nd Floor) 2:30 Balance and Strength-ES (2nd Floor) 3:00 Movie Matinee-T** 6:30 Movie-T**</p>	<p>4 10:00 Basic Woodworking-WS 10:00 Activity Calendar Review-EC 11:00 Bingo-AR 11:00 Chair Yoga-ES (2nd Floor) 1:00 Chair Volleyball-EC 2:00 Mahjong-GR 2:00 Support Group-CH 4:00 Cocktail Hour-EC</p>	<p>5 10:00 Discussion: My Hobbies 11:00 Grocery Shopping- Please sign up 1:00 Ritzy Crafters-AR 1:30 Arthritis Class-ES (2nd Floor) 2:30 Balance and Strength-ES (2nd Floor) 4:00 Warm Drinks and Current Events-EC</p>	<p>6 11:00 Bingo-AR 11:00 Chair Yoga-ES (2nd Floor) 1:00 Wii Bowling Weekly Tournament-ES 3:00 Bible Study-EC 4:00 No Bake Kitchen-Caesar Salad Bites-AR</p>	<p>7 11:00 Zoom Arthritis Exercise-ES (2nd Floor) 1:30 Zoom Seated Strength and Abs-ES (2nd Floor) 2:30 Zoom Balance and Strength-ES (2nd Floor) 3:15 Team Trivia-EC 6:30 Movie-T**</p>	<p>8 10:00 Painting with Lilly-AR 1:00 Chair Volleyball-EC 2:00 Movie Matinee-T**</p>
<p>9 11:30 Sunday Brunch-KT 6:30 Vespers-EC</p>	<p>10 10:00 Choir Practice-CH 10:00 Open Painting-AR 11:15 Wellness Committee Meeting-L 12:30 Lunch Bunch-Polaris Grill-Outing (BUS LEAVES AT 12:00PM) 1:30 Arthritis Class-ES (2nd Floor) 2:30 Balance and Strength-ES (2nd Floor) 6:30 Movie-T**</p>	<p>11 10:00 Basic Woodworking-WS 11:00 Bingo-AR 11:00 Chair Yoga-ES (2nd Floor) 1:00 Chair Volleyball-EC 2:00 Mahjong-GR 2:00 Support Group-CH 4:00 Cocktail Hour-EC</p>	<p>12 10:00 Discussion: My Hobbies 10:00 Resident Executive Board-EC Conference Room 11:00 Grocery Shopping- Please sign up 1:00 Ritzy Crafters-AR 2:30 Balance and Strength-ES (2nd Floor) 4:00 Warm Drinks and Current Events-EC</p>	<p>13 11:00 Bingo-AR 11:00 Chair Yoga-ES (2nd Floor) 1:00 Wii Bowling Weekly Tournament-ES 2:00 Food and Dining Forum-EC 3:00 Bible Study-EC 4:00 No Bake Kitchen-Cherry Tomato Caprese Salad-AR</p>	<p>14 11:00 Zoom Arthritis Exercise-ES (2nd Floor) 1:30 Book Look-EC 1:30 Zoom Seated Strength and Abs-ES (2nd Floor) 2:30 Zoom Balance and Strength-ES (2nd Floor) 3:15 Team Trivia-EC 6:30 Movie-T**</p>	<p>15 10:00 Painting with Lilly-AR 1:00 Chair Volleyball-EC 2:00 Movie Matinee-T**</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 11:30 Sunday Brunch-KT 6:30 Vespers-EC	17 Martin Luther King Day 10:00 Choir Practice-CH 10:00 Open Painting-AR 1:00 Cosi and Planetarium- Outing-(Please sign up) (BUS LEAVES AT 12:30PM) 1:30 Arthritis Class-ES (2nd Floor) 2:30 Balance and Strength-ES (2nd Floor) 3:00 Movie Matinee-T** 6:30 Movie-T**	18 10:00 Basic Woodworking- WS 11:00 Bingo-AR 11:00 Chair Yoga-ES (2nd Floor) 1:00 Chair Volleyball-EC 2:00 Mahjong-GR 2:00 Support Group-CH 4:00 Cocktail Hour-EC 6:30 Innervation Concert- EC	19 10:00 Discussion: My Hobbies 11:00 Grocery Shopping- Please sign up 1:00 Ritzy Crafters-AR 1:30 Wellness Seminar: Setting Fitness Goals For the New Year-EC 2:30 Balance and Strength-ES (2nd Floor) 4:00 Warm Drinks and Current Events-EC	20 11:00 Bingo-AR 11:00 Chair Yoga-ES (2nd Floor) 1:00 Wii Bowling Weekly Tournament-ES 1:00 Ohio History Center- (Please sign up) (BUS LEAVES AT 12:30pm) 3:00 Bible Study-EC	21 11:00 Zoom Arthritis Exercise-ES (2nd Floor) 1:30 Zoom Seated Strength and Abs-ES (2nd Floor) 2:30 Zoom Balance and Strength-ES (2nd Floor) 3:15 Team Trivia-EC 6:30 Movie-T**	22 10:00 Painting with Lilly-AR 1:00 Chair Volleyball-EC 2:00 Movie Matinee-T**
23 11:30 Sunday Brunch-KT 6:30 Vespers-EC	24 10:00 Choir Practice-CH 10:00 Open Painting-AR 1:30 Arthritis Class-ES (2nd Floor) 2:30 Balance and Strength-ES (2nd Floor) 3:00 Movie Matinee-T** 6:30 Movie-T**	25 10:00 Basic Woodworking- WS 11:00 Bingo-AR 11:00 Chair Yoga-ES (2nd Floor) 1:00 Chair Volleyball-EC 2:00 Mahjong-GR 2:00 Support Group-CH 4:00 Cocktail Hour-EC	26 10:00 Discussion: My Hobbies 11:00 Grocery Shopping- Please sign up 1:00 Ritzy Crafters-AR 2:30 Balance and Strength-ES (2nd Floor) 3:30 Armchair Travel- Vietnam-EC 6:30 Birthday Celebration!- EC	27 11:00 Resident Update-EC 1:00 Wii Bowling Weekly Tournament-ES 2:00 Bingo-AR 2:00 Chair Yoga-ES (2nd Floor) 3:00 Bible Study-EC 4:00 No Bake Kitchen- Touchdown Pinwheels-AR	28 11:00 Zoom Arthritis Exercise-ES (2nd Floor) 1:30 Zoom Seated Strength and Abs-ES (2nd Floor) 2:30 Zoom Balance and Strength-ES (2nd Floor) 3:15 Team Trivia-EC 6:30 Movie-T**	29 10:00 Painting with Lilly-AR 1:00 Chair Volleyball-EC 2:00 Movie Matinee-T** 5:30 Dinner Bunch-Napa Kitchen and Bar- Outing (Please sign up) (BUS LEAVES AT 5:00PM)
30 11:30 Sunday Brunch-KT 6:30 Vespers-EC	31 10:00 Choir Practice-CH 10:00 Open Painting-AR 1:30 Arthritis Class-ES (2nd Floor) 2:30 Balance and Strength-ES (2nd Floor) 3:00 Movie Matinee-T** 6:30 Movie-T**					